

Concussion



Dangers of the Unknown: The Detrimental Effects of Concussions in Children

Traumatic Brain Injuries (TBI) can result from a number of activities, including sports. One common type of TBI is a concussion. Recognizing that a TBI has occurred is the first step in treating a child. Below is a list of common signs/symptoms that can occur as a result of a TBI.

A head injury resulting in one or more of these signs/symptoms should be treated as a TBI. The American Trauma Society, Pennsylvania Division highly recommends that all youth be examined by a medical professional after any form of head injury.

Cognitive Signs/Symptoms

- Attention Difficulties •
- Concentration Problems •
- Mentally Foggy/Dazed •
- Feeling Slowed Down •
- Memory Problems •
- Confusion/Disorientation •
- Forgetfulness •
- Increased Symptoms with Mental Activity •
- Answers Questions Slowly •
- Repeats Questions •

Physical Signs/Symptoms

- Headache •
- Dizziness •
- Fatigue •
- Drowsiness •
- Postural/Balance Problems •
- Double or Blurred Vision •
- Nausea/Vomiting •
- Numbness/Tingling Down Limbs •
- Sensitivity to Light or Noise •
- Seizures •
- Ringing in Ears •

Behavioral Changes

- Problems with Emotional Control •
- Sadness •
- Moodiness •
- Depression •
- Anxiety/Nervousness •
- Irritability/More Emotional than Usual •
- Sleeping More/Less than Normal •
- Trouble Falling Asleep/Staying Asleep •
- Loss of Initiative •

Provided By:

American Trauma Society, Pennsylvania Division

2 Flowers Drive | Mechanicsburg, PA 17050

(717) 766-1616 | www.atspa.org

