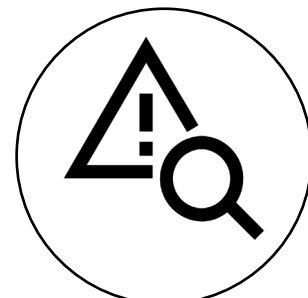


Tips to Prevent Workplace Falls

According to the National Safety Council (NSC), in 2019, 880 workers died in falls, and 244,000 were injured badly enough to require days off of work. A worker doesn't have to fall from a high level to suffer fatal injuries; 146 workers were killed in falls on the same level in 2019.

Inspect Worksite at Start of Day.

Inspect all machines, tools and protective equipment to ensure they are safe to use. Be sure to inspect personal protective equipment, especially if workers will be working from elevated heights.



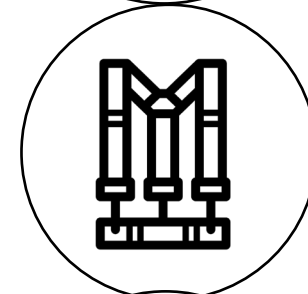
Provide Guard Rails.

Not only will providing guard rails prevent workers from falling, but also falling into or onto dangerous machines or equipment.



Provide Personal Protective Equipment.

If fall hazards cannot be eliminated, employers should provide appropriate fall prevention equipment. This equipment should include harnesses, hard hats, gloves, or any other appropriate equipment.



Clean up Site at End of Day.

Cleaning up a worksite at the end of each day is crucial for personal safety. Cleaning up any debris or equipment will help prevent any unexpected accidents.



Train Employees About Fall Protection.

Employers are required by Occupational Safety and Health Administration (OSHA) to have a fall protection program for workers who might be exposed to fall hazards. Training must include how to recognize fall hazards and how to minimize them.

