

# Bounce Your Way... Safely

Bounce houses can pose serious safety risks. If you choose to use them, knowing the risks, the American Trauma Society, PA Division recommends the following best practices:

- Only allow children older than six in the bounce house.
- Provide constant adult supervision.
- Allow one child in the bouncer at a time. If more than one is in the bouncer, limit use to children around the same age and size.
- Stay away from the entrance/exit and walls.
- Don't allow rough play (ex. wrestling, flips, tumbling, etc.).
- If the house begins to lose air, stop playing and exit the bouncer.
- Follow all manufacturer guidelines.

*Source: Child Injury Prevention Alliance*

## Quick Facts:

- **62,159** – the number of children and teens treated in emergency departments over the last 20 years because of a bounce house injury.
- **1,500%** - the increase in bounce house injuries since 1995.
- More than **30** children are treated for bounce house injuries every day. That means one child is being treated every 45 minutes.

**“If this were a disease, it would be considered an epidemic.”**

*- Tracy Mehan, Health Educator, Child Injury Prevention Alliance, Time Magazine, June 2014*



**American Trauma Society, PA Division**  
2 Flowers Dr., Mechanicsburg, PA 17050

1-800-822-2358 • [www.atspa.org](http://www.atspa.org)

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