

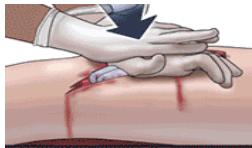
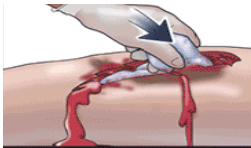


## What Everyone Should Know to Stop Bleeding After An Injury..

### 1. Apply Pressure With Hands



### 2. Apply Dressing And Press



### 3. Apply Tourniquet



**Wrap**



**Wind**



**Secure**



**Time**

**Call 9-1-1**

***The only thing more tragic than a death from bleeding..  
Is a death that could have been prevented.***

The 'Stop the Bleed' campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of this initiative which exemplifies translation of knowledge back to the homeland to the benefit of the general public. 'Stop the Bleed' is a registered service mark of the Department of the Defense. Use of the equipment and the training does not guarantee that all bleeding will be stopped or that all lives will be saved.

Images courtesy of the American College of Surgeons.

# American Trauma Society Pennsylvania Division

The American Trauma Society, Pennsylvania Division (ATSPA) is a non-profit organization committed to preventing traumatic injury and death through education.

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ATSPA's work includes providing educational presentations and materials on many trauma prevention topics, including:

- Alcohol Poisoning
- Bike Safety
- Bullying
- Concussions
- Dating Violence
- Disaster Preparedness
- Distracted Driving
- Farm Safety
- Gun Safety
- Senior Falls
- Traffic Safety
- Water Safety
- Winter Safety
- Youth Sport Safety

***and much more...***

ATSPA's trauma prevention materials and programs are free to Pennsylvania residents, businesses and organizations.

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