

ATV Safety *Gear Up*

Before hitting the trail on your ATV, make sure to Gear Up.

The U.S. Consumer Product Safety Commission (CPSC) and the American Trauma Society, Pennsylvania Division (ATSPA) recommend all ATV riders wear protective equipment every time they ride.

Gear Up with:

- **Helmet**
- **Long sleeved shirt**
- **Long pants**
- **Boots that cover the ankle**
- **Goggles**
- **Gloves**

Riders are better protected by using safety equipment, but following all ATV manufacturer guidelines and warnings could also help prevent a tragedy.

More information on ATV safety can be found at www.atvsafety.gov.



Golden Rules

ATVs are great recreational vehicles, but the number of crashes involving them continues to rise.

The **ATV Safety Institute** provides the following **8 golden** rules of ATV safety:

- 1 - Always wear a Department of Transportation (DOT) compliant helmet, goggles, long sleeved shirt, long pants, over-the-ankle boots, and gloves.
- 2 - Never ride on paved roads except to cross when safe and permitted by law. ATVs are designed to be operated off-highway.
- 3 - Never ride under the influence of alcohol or drugs.
- 4 - Never carry a passenger on a single-rider ATV, and no more than one passenger on an ATV specifically designed for two people.
- 5 - Ride an ATV that's right for your age.
- 6 - Supervise riders younger than 16; ATVs are not toys.
- 7 - Ride only on designated trails and at a safe speed.
- 8 - Take a hands-on ATV RiderCourseSM and the free online E-Course. Visit ATVsafety.org.

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