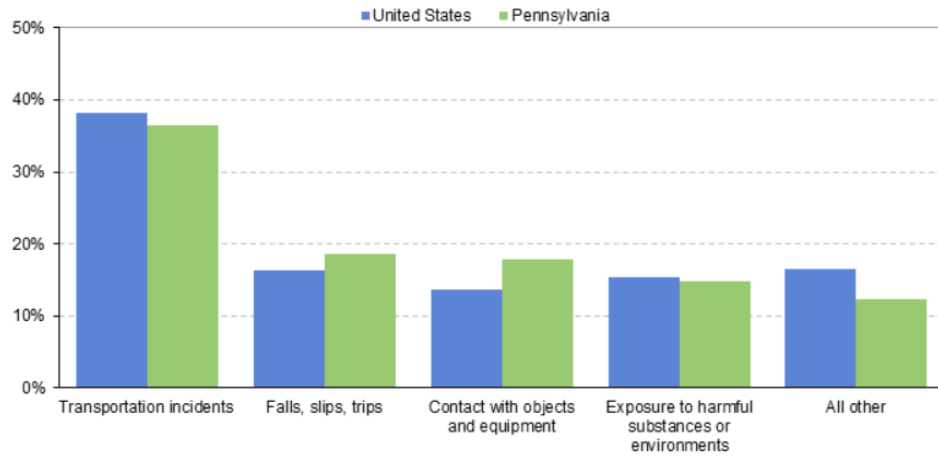


Chart 2. Percent distribution of total fatal occupational injuries by event, United States and Pennsylvania, 2021



Source: U.S. Bureau of Labor Statistics.



The American Trauma Society, Pennsylvania Division (ATSPA) is a non-profit organization dedicated to trauma prevention and mitigation through education and advocacy.

For more information visit:
www.atspa.org

WORLD DAY FOR SAFETY AND HEALTH IN THE WORKPLACE

On April 28th, we will observe World Day for Safety and Health in the Workplace. This day serves as a reminder of the importance of maintaining safe and healthy working conditions for all individuals across the globe.

According to the US Bureau of Labor Statistics, in Pennsylvania, transportation incidents resulted in 59 fatal work injuries, falls, slips, and trips accounted for 30 fatalities, and contact with objects and equipment accounted for 29 fatalities, in 2021. These three major categories accounted for 73 percent of all fatal workplace injuries in the state. Worker deaths from transportation incidents were up from 49 over the year, worker fatalities due to falls, slips, and trips were up from 28, and fatal work injuries from contact with objects and equipment were up from 27.

Preventing workplace injuries is the primary job of the Occupational Safety and Health Administration (OSHA). They offer the following tips for ensuring your workplace safety:

- Conduct ongoing training
- Prevent falls
- Be mindful of the heat
- Suit up in PPE
- Identify hazards
- Prepare for emergencies
- Review ventilation
- Keep a first aid kit handy
- Regulate work hours
- Empower employees

The ATSPA has a printable resource on our website, aimed at preventing workplace falls. It's called "[Preventing Workplace Falls.](#)"

Out of Harm's Way

The Trauma Prevention Publication

APRIL 2023 | Issue 109

TOP NEWS TOPICS

- World Day for Safety and Health in the Workplace
- National Youth Violence Prevention Week
- 2023 ATSPA Annual Conference Agenda
- National Trauma Awareness Month
- Latest News & Research

Tips to Prevent Workplace Falls

According to the National Safety Council (NSC), in 2019, 880 workers died in falls, and 244,000 were injured badly enough to require days off of work. A worker doesn't have fall from a high level to suffer fatal injuries, 146 workers were killed in falls on the same level in 2019.

Inspect Worksite at Start of Day.
 Inspect all machines, tools and protective equipment to ensure they are safe to use. Be sure to inspect personal protective equipment, especially if workers will be working from elevated heights.



Provide Guard Rails.
 Not only will providing guard rails prevent workers from falling, but also falling into or onto dangerous machines or equipment.



Provide Personal Protective Equipment.
 If fall hazards cannot be eliminated, employes should provide appropriate fall prevention equipment. This equipment should include harnesses, hard hats, gloves, or any other appropriate equipment.



Clean up Site at End of Day.
 Cleaning up a worksite at the end of each day is crucial for personal safety. Cleaning up any debris or equipment will help prevent any unexpected accidents.



Train Employees About Fall Protection.
 Employers are required by Occupational Safety and Health Administration (OSHA) to have a fall protection program for workers who might be exposed to fall hazards. Training must include how to recognize fall hazards and how to minimize them.



NATIONAL YOUTH VIOLENCE PREVENTION WEEK

According to the Centers for Disease Control and Prevention (CDC), 13 youth die every day due to violence. As we approach the month of April, we are reminded of the importance of Youth Violence Prevention Week, which takes place from April 24-28. This week serves as an opportunity for us to come together and raise awareness about the impact of violence on our youth and to find ways to prevent it.

Youth violence is a pervasive issue that affects communities of all geographic areas and socio-economic levels. It can take many different forms; physical violence, bullying, cyberbullying, and verbal abuse. The consequences of youth violence are far-reaching and can have lasting effects on individuals, families, and communities.

What Causes Youth Violence?

1 in 5 high school students report that they have been victims of bullying. While the individual causes of teen and youth violence are varied, there are key risk factors. Social isolation, being a victim of violence, and emotional distress can all be risk factors for youth acting out violently. The good news is, there are protective measures you can take to reduce those risks.

What are the Signs of Youth Violence?

People who hurt themselves or others often show warning signs before they carry out an act of violence. If you don't know what to look for, it can be easy to miss the signs, or dismiss them as unimportant. Significantly, missing the signs can have tragic consequences. According to the nonprofit Sandy Hook Promise, in 4 out of 5 school shootings, at least one other person had knowledge of the attacker's plan but failed to report it.

1. Suddenly withdrawing from friends, family and activities (including online or via social media)
2. Bullying, especially if targeted towards differences in race, religion, gender or sexual orientation
3. Excessive irritability, lack of patience, or becoming angry quickly
4. Experiencing chronic loneliness or social isolation
5. Expressing persistent thoughts of harming themselves or someone else
6. Making direct threats toward a place, another person, or themselves
7. Bragging about access to guns or weapons
8. Recruiting accomplices or audiences for an attack
9. Directly expressing a threat as a plan
10. Cruelty to animals



How Can I Prevent Youth Violence?

Parents and Families Can:

- Learn about links between teens' experiences with violence and their health.
- Talk with teens about violence and ask how you can support them.
- Reach out to local programs to learn effective parenting practices.
- Teach teens skills to navigate social and emotional challenges.
- Empower teens to be part of the solution.

Communities Can:

- Make teen mentoring, apprenticeship, and leadership programs more available.
- Collaborate with health departments and other partners to promote healthy and safe neighborhoods.
- Make use of effective social and economic policies that reduce violence.

Schools Can:

- Adopt policies and practices that create safe and supportive environments.
- Connect students to health and mental health services.
- Build strong bonds between staff and students to improve connectedness to school.

Strategy	Approach
Promote family environments that support healthy development	<ul style="list-style-type: none"> • Early childhood home visitation • Parenting skill and family relationship programs
Provide quality education early in life	<ul style="list-style-type: none"> • Preschool enrichment with family engagement
Strengthen youth's skills	<ul style="list-style-type: none"> • Universal school-based programs
Connect youth to caring adults and activities	<ul style="list-style-type: none"> • Mentoring programs • After-school programs
Create protective community environments	<ul style="list-style-type: none"> • Modify the physical and social environment • Reduce exposure to community-level risks • Street outreach and community norm change
Intervene to lessen harms and prevent future risk	<ul style="list-style-type: none"> • Treatment to lessen the harms of violence exposures • Treatment to prevent problem behavior and further involvement in violence • Hospital-community partnerships

More information on National Youth Violence Prevention Week can be found by visiting the [Sandy Hook Promise website](#). More information on preventing Youth violence can be found by visiting the [CDC website](#).

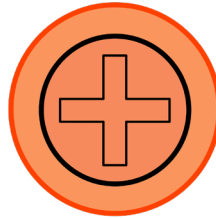
2023 ANNUAL CONFERENCE



Prepare



Prevent



Provide

We hope that you will share this opportunity with trauma nurses, doctors, social workers, EMS Personnel and physical/occupational therapists.

[Click here for a flyer you can share with others.](#)

Tuesday, April 25, 2023

- 8:30 – 9:30 am **Opening Remarks and Awards Presentation**
- 9:30 – 10:30 am **Enough is Enough: Ending Workplace Violence for Healthcare Workers**
Aisha Terry, MD, MPH – ACEP President-elect, American College of Emergency Physicians
- 10:45 – 11:45 am **Snow, Fog and Whiteout Conditions - Disaster on I-81**
John Matz – Director, Schuylkill County Emergency Management Agency
Frank Zangari – Fire Chief, Rangers Hose Company
- 1:00 – 2:00 pm **Suicide**
Shanthy Lewis, MD - Psychiatrist, Lehigh Valley Health Network
- 2:15 – 3:15 pm **Exploring the Essential Service: A Discussion on EMS**
Aaron Rhone, PhD – Director, Bureau of EMS, Pennsylvania Department of Health
- 3:45 – 4:45 pm **Pediatric Traumatic Brain Injury: Case Management and Discussion**
Oded Goren, MD – Cerebrovascular Neurosurgeon, Geisinger Medical Center
Christopher Coppola, MD – Pediatric Surgeon, Geisinger Medical Center
- 5:00 – 7:00 pm **Networking Happy Hour**

Wednesday, April 26, 2023

- 8:30 – 9:30 am **Mission Zero and Beyond: Maintaining Readiness and Pursuing New Innovations in Trauma Care Delivery through Military and Civilian Partnerships**
Jennifer Silvis, DO - Trauma/Acute Care Surgery, General Surgery, Conemaugh Memorial Medical Center
- 9:45 – 10:45 am **Templeton Poster Showcase Lightning Round**
- 11:15 am – 12:15 pm **Lightning and Other Electrical Injuries**
Shawn Tejjaram, MD, FACS - Burn Surgeon, The Burn Center, MedStar Washington Hospital Center
- 1:15 – 2:15 pm **Autopsy Finding in Trauma Cases**
Karl Williams, MD - Chief Medical Examiner, Office of Medical Examiner of Allegheny County
- 2:30 – 3:30 pm **Firearm Panel Discussion**
Russell Dumire, MD – Chairman, Department of Surgery/Trauma Medical Directory, Conemaugh Memorial Medical Center
Elinore Kaufman, MD, MSHP – Assistant Professor of Surgery, University of Pennsylvania
Dorothy Rocourt, MD, MBA – Medical Director, Pediatric Trauma Program, Penn State Health Children's Hospital
- 3:30 – 3:45 pm **Raffle Drawing & Closing Remarks**

APRIL 2023 OBSERVANCES

Monthly Observances:

Distracted Driving
Sexual Assault Awareness
National Youth Sports Safety

Weekly or Daily Observances:

April 6: National Walking Day
April 2-8: National Window Safety Week
April 9-15: National Dog Bite Prevention Week
April 17-21: National Work Zone Awareness Week
April 25-29: National Playground Safety Week

Conference Links

[Main Page](#)

[Hotel Information](#)

[Registration](#)

NATIONAL TRAUMA AWARENESS MONTH

Once again, the American Trauma Society (ATS) and The Society of Trauma Nurses (STN) have come together in the development of the annual National Trauma Awareness Month (NTAM) campaign. With a documented rise in motor vehicle crashes and fatalities throughout the nation, the theme “Roadway Safety Is No Accident” is both timely and appropriate for trauma centers to promote.

In 1988, the ATS and Congress established May as National Trauma Awareness Month. 35 years later, ATS continues to provide themed injury prevention programs and education for all ages. NTAM themes have highlighted the risks of falls, distracted driving, violence prevention, firearm violence prevention, sports injuries and many other important injury prevention topics.

Injury and Violence Prevention Professionals throughout the nation have been responding to the rise in motor vehicle related injuries and deaths. Roadways continue to be over crowded, drivers are distracted, and safety hazards are growing, thus contributing to this rapidly evolving crisis. Raising awareness and supporting prevention efforts is more important now than ever.

This year’s committee chose five areas to focus prevention efforts on including:

- Passenger Advocacy
- Distracted Driving
- Experience
- Impairment
- Traffic Safety



This year, the ATS and STN have partnered to provide a toolkit with resources for each of the focus areas, in addition, to two webinars. Learn more about NTAM, find resources, and register for webinars by visiting amtrauma.org/page/NTAM2023.

Latest IVP News and Research

News

- [How America’s Lack of Gun Violence Research Hinders Prevention Efforts](#)
- [Survey of Big City Health Department Staff Reveals Acute Stress](#)
- [Smart Sock Alerts Older People to Risk of Falling](#)
- [Pregnant women involved in road traffic collisions have higher risks of birth complications](#)
- [How physicians can talk to patients about gun violence and firearm safety with Sandra Fryhofer, MD](#)

Research

- [Efficacy and Safety of Early Administration of 4-Factor Prothrombin Complex Concentrate in Patients With Trauma at Risk of Massive Transfusion](#)

Stay connected with us:



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