

Spring into Safety: Protecting Children from Window Falls

As the weather warms and fresh air fills our homes, many families welcome the arrival of spring by opening windows to enjoy the breeze. However, open windows can pose a serious risk to young children. According to the [National Safety Council](#), thousands of children are injured each year from window falls, making window safety a crucial topic for parents and caregivers.

Children are naturally curious and love to explore their surroundings. A partially open window can be an invitation for adventure, but it can also be a dangerous hazard. Window falls often result in serious injuries, and in some cases, they can prove fatal. The good news is that many of these incidents are preventable, with proper precautions.

Window Safety Tips for Spring

1. **Install Window Guards & Stops**

Window guards create a physical barrier that prevents children from falling out of a window, while window stops limit how far a window can open. These devices allow fresh air to circulate while keeping little ones safe.

2. **Keep Furniture Away from Windows**

Children love to climb, and furniture placed near windows can make it easier for them to reach an open window. Arrange furniture, such as beds, sofas, and chairs, away from windows to reduce the risk of falls.

3. **Use Screens Wisely**

Window screens are designed to keep bugs out, not children in. They are not strong enough to prevent falls, so never rely on them as a safety measure.

4. **Always Supervise Young Children**

Even with safety measures in place, active supervision is key. Keep an eye on children when windows are open and teach them about the dangers of climbing near windows.

5. **Open Windows from the Top**

If your windows allow, open them from the top rather than from the bottom. This reduces the likelihood of a child being able to access the open space.

National Window Safety Week

Each year, the first full week of April is recognized as National Window Safety Week, a time dedicated to raising awareness about window-related injuries and prevention. Use this opportunity to inspect your home and reinforce safe window habits.

By taking a few simple precautions, you can enjoy the beauty of spring while ensuring your home remains a safe place for children.